

SECTION AN: ANTHROPOMETRY AND GROWTH AND DEVELOPMENT

Next I will ask you some questions about your height and weight now, during your 30s, during your teen years, and around the age of 10.

AN1. How tall are you without shoes?

_	_ _
FEET	INCHES

AN2. What is the tallest you've ever been without shoes?

_	_ _
FEET	INCHES

AN3. How old were you when you first reached your full adult height? This is usually before the age of 20.

_ _
AGE

<ASK ONLY IF AN3 = DK, ELSE GO TO AN4>

AN3a. Giving your best guess, how old would you say that you were when you first reached your full adult height? Were you...

- 10-13 years old..... 1
- 14-17 years old..... 2
- 18-20 years old..... 3

AN4. Now think back to when you were 10 years old. Would you say that you were shorter, taller, or about the same height compared to other girls your age?

- SHORTER 1
- TALLER 2
- SAME HEIGHT 3

AN5. How much do you weigh now?

_ _ _
LBS

<IF R HAS NEVER BEEN PREGNANT, DO NOT INCLUDE INSTRUCTIONS FOR WEIGHT CHANGE DUE TO PREGNANCY>

AN6. What is the most you have ever weighed [*when you were not pregnant, breastfeeding, or in the 6 months after pregnancy*]?

_ _ _
LBS

AN7. At what age did you first weigh [*WEIGHT FROM AN6*] (the most you have ever weighed)?

_ _
AGE

AN8. So far in your lifetime, about how many total years have you weighed [WEIGHT FROM AN6] (the most you have ever weighed)? [IF LESS THAN 6 MONTHS, ENTER '0.' IF AT LEAST 6 MONTHS BUT LESS THAN 1 YEAR, ENTER '1.']

YEARS

AN9. What is the least you have ever weighed since you were 20 years old?

LBS

AN10. Since you were 20, at what age did you first weigh [WEIGHT FROM AN9] (the least you have ever weighed)?

AGE

<FILL AGE FROM AN10>

AN11. Since you were [AGE], about how many total years have you weighed [WEIGHT FROM AN9] (the least you have ever weighed)? [IF LESS THAN 6 MONTHS, ENTER '0.' IF AT LEAST 6 MONTHS BUT LESS THAN 1 YEAR, ENTER '1.']

YEARS

AN12. When you start to gain weight [not related to pregnancy], where on your body do you put it on first? Is it...

- around the chest or shoulders..... 01
- around the waist or stomach..... 02
- around the hips or thighs..... 03
- around the buttocks 04
- equally all over..... 05
- or you don't gain weight 06

AN13. **QUESTION DELETED**

AN14. **QUESTION DELETED**

AN15. How many times in your life have you lost 20 pounds (9 kilograms) or more, and then later gained all of the weight back? [Do not count weight changes related to pregnancy.]

#TIMES

<ASK ONLY IF R IS 40 OR OLDER; ELSE GO TO AN17>

AN16. Thinking back to your 30s [when you were not pregnant, breastfeeding, or in the 6 months after pregnancy], what was your average weight?

LBS

AN17. During your teen years, would you say that on average you were lighter, heavier, or about the same weight as other girls your age?

- LIGHTER..... 1
- HEAVIER 2
- SAME WEIGHT 3

AN18. When you were 10 years old, would you say that on average you were lighter, heavier, or about the same weight as other girls your age?

- LIGHTER..... 1
- HEAVIER 2
- SAME WEIGHT 3

AN19. How old were you when you first noticed your breasts developing? [IF R OFFERS HER GRADE INSTEAD OF AGE, ENTER "DON'T KNOW" AND RECORD GRADE IN SCHOOL IN NEXT QUESTION.]

| | |
AGE

<GO TO AN21>

<IF AN19 = DK>

AN20. What was your grade in school when you first noticed your breasts developing?

| | |
GRADE

<"In your mid-20s" FOR WOMEN WHO HAVE NEVER GIVEN BIRTH, OR WHOSE FIRST BIRTH WAS AT AGE 30 OR ABOVE. "Before your first full-term pregnancy" FOR ALL OTHERS.>

AN21. What was your bra size [*in your mid-20s/before your first full-term pregnancy*]? [IF R SAYS SHE DID NOT WEAR A BRA, PROBE: "Do you know what your bra size would have been?"]

| | | |
INCHES

- AAA..... 01
- AA..... 02
- A..... 03
- B..... 04
- C..... 05
- D..... 06
- DD..... 07
- DDD..... 08
- OTHER 99
- SPECIFY: _____

AN22. What is your current bra size? [IF R SAYS SHE DOES NOT WEAR A BRA, PROBE: "Do you know what your bra size would be?"]

| | | |
INCHES

- AAA..... 01
- AA..... 02
- A..... 03
- B..... 04
- C..... 05
- D..... 06
- DD..... 07
- DDD..... 08
- OTHER 99
- SPECIFY: _____

AN23. Are you right-handed, left-handed, or ambidextrous, that is, both right- and left-handed? [IF R HAS LOST USE OF ONE OR BOTH HANDS, PROBE: "Were you left-handed or right-handed before you lost use of your hand(s)?"] [IF R WAS BORN WITHOUT USE OF BOTH HANDS, ENTER AS "DON'T KNOW" AND REMARK.]

- RIGHT 1
- LEFT 2
- AMBIDEXTROUS (BOTH RIGHT- AND LEFT-HANDED) 3